



# DID YOU KNOW?

PESTICIDE RESIDUES, IF FOUND AT ALL, ARE

## SO LOW

THAT WOMEN COULD CONSUME ANY **ONE** OF THESE FRUITS OR VEGGIES IN A DAY WITHOUT ANY HEALTH EFFECT FROM RESIDUES...



BLUEBERRIES



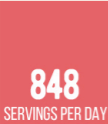
CHERRIES



STRAWBERRIES



APPLES



BELL PEPPERS



KALE



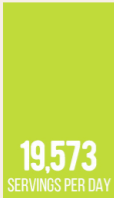
LETTUCE



SPINACH



CELERY



CONVENTIONAL ORGANIC



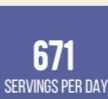
NECTARINES



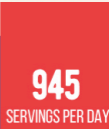
PEACHES



GRAPES



CHERRY TOMATOES



PEARS



CARROTS



POTATOES



SNAP PEAS



CUCUMBERS



HOT PEPPERS



... EVEN IF THE PRODUCE HAS THE HIGHEST PESTICIDE RESIDUE RECORDED FOR THAT ITEM BY THE USDA.



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